

# Woodruff Xtreme / Venturing Extreme Equipment List



The Woodruff Xtreme/Venturing Extreme programs @ Woodruff-Ocoee Outpost are for older Scouts and Venturers who want additional outdoor challenges, both physically and mentally. Participants will leave Woodruff Sunday evening and return Friday afternoon, staying at an outpost camp. You will be housed in cabins at an offsite outpost camp with restroom/shower facilities nearby. You will spend one night at a ENO/hammock camping area.

Activities to include: swimming, rafting, kayaking, horseback riding, climbing, mountain biking, hiking – so bring clothing appropriate for these activities.

In addition to items you would normally bring for a week long camp the following are recommended:

- Sleeping bag / blanket
- Hiking boots / Sturdy shoes
- Camp shoes
- Water shoes, sandals with heel strap, old tennis shoes (required for rafting)
- Non-cotton / synthetic shirt for the river (quick drying)
- Long pants (horses / climbing)
- Swimwear
- Sunscreen
- Personal toiletries
- Good rain jacket
- Good water bottle
- Flashlight
- Personal 1<sup>st</sup> aid Kit
- ENO/Hammock (if you do not have a hammock, a sleeping pad for the ground)  
we will attempt to have spare hammocks to borrow, but no guarantee

**Do NOT bring:**

- Large knives, hatchets, or axes
- Radios or other electronics