

# Whitewater Challenge @ Woodruff/WWE

## Equipment List for “WWC Scouts”



Activities for this week-long adventure may include rafting, kayaking and canoeing on rivers in Georgia, Tennessee and North Carolina: These could include the Toccoa, Little Tennessee, Ocoee, Nantahala, and Tuckasegee Rivers. Participants will leave Woodruff Scout Camp on Sunday evening, returning to camp Friday afternoon. Participants will stay in cabins at the Whitewater Express - Nantahala Outpost, near Andrews, NC

Activities will include kayak work, rafting, capsizing, stroke and paddle work, reading rivers, canoe handling skills and paddle skills – such as side slips, eddy turns and peel outs.

### **Equipment List @ WWC Base Camp:**

**Note:** Bring the base camp items packed separately in small duffel.

- River shoes (old tennis shoes, water shoes or sandals) – must have heel straps. Please, no Crocs
- Long sleeve, synthetic (non-cotton) shirt. (Mountain rivers are cold!)
- Bathing suits / Towels / Hat
- Sun glasses, with glasses strap / Sun block / lip balm
- Water bottle
- Sleeping bag / Personal toiletries
- 3 Changes of clothes and clothes/shoes for around camp
- Rain gear / Flashlight
- Small trunk/lockbox (you might consider this if you have lots of valuables, maybe share with a friend)

### **For Base Camp @ Woodruff:**

- Leave Scout uniform

**All Whitewater Challenge Participants must have a valid Annual Health and Medical Record Form (parts A, B & C) and MUST meet the height/weight requirements.** Whitewater Express Waiver forms (WWE) are required for this “off camp” activity.

