

## ***2018 Woodruff Xtreme Program – Boy Scout Itinerary***



Looking for a great fun filled week of whitewater river trips, ropes courses, mountain biking, horseback riding, field games?

You'll leave Camp Woodruff Sunday evening, during the campfire. The next 5 days will be spent at the WWE Outpost Camp near the Ocoee River in Ducktown, Tennessee. Housing will be in rustic cabins.

### **Tentative schedule**

#### **Sunday Evening**

- Leave Woodruff, travel to Ocoee Base Camp

#### **Monday – Team Building Day**

- Low Ropes at Ocoee Base Camp
- Horseback Riding
- Mountain Biking
- Group Games / Orienteering Challenge

#### **Tuesday – Nantahala River**

- Morning trip on the Nantahala - with guide training
- Afternoon trip on Nantahala – Scouts Guiding

#### **Wednesday – Hiking**

- Hike along Scenic Ocoee River
- Swimming at Blue Hole
- Hike to ENO Village (overnight)
- Campfire

#### **Thursday – On Camp Fun**

- High Ropes
- SUP and Kayak demo
- Group Games
- Waterfront / Blob

#### **Friday – Ocoee River**

- Whitewater Rafting on the Middle Ocoee
- Travel back to Woodruff after lunch

# Woodruff Xtreme

## Equipment List

The Woodruff Xtreme program is for older Scouts / Venturers who want additional outdoor challenges, both physically and mentally. Participants will leave Woodruff Sunday evening and return Friday afternoon, staying at an outpost camp. You will be housed in cabins at an offsite outpost camp with restroom/shower facilities nearby. You will spend one night at a hammock area.

Activities to include: swimming, rafting, kayaking, horseback riding, climbing, mountain biking, hiking – so bring clothing appropriate for these activities.

In addition to items you would normally bring for a week long camp the following are recommended :

- Sleeping bag
- Hiking boots
- Camp shoes
- Water shoes or sandals with heel strap ( rafting )
- Non-cotton / synthetic shirt for the river
- Long pants ( horses / climbing )
- Swimwear
- sunscreen
- Personal toiletries
- Good rain jacket
- Good water bottle
- Flashlight
- Personal 1<sup>st</sup> aid Kit
- Hammock ( if you do not have a hammock, a sleeping pad for the ground )

**Do NOT bring:**

- Large knives, hatchets, or axes
- Radios or other electronics

