



2022 Woodruff Xtreme Program

Looking for a great fun filled week of whitewater river trips, ropes courses, mountain biking, horseback riding, field games?

You'll leave Woodruff Scout Camp Sunday evening, during the campfire. The next five days will be spent at the Whitewater Express Outpost Camp near the Ocoee River in Ducktown, Tennessee. Housing will be in rustic cabins.

Tentative schedule

Sunday Evening

- Leave Woodruff, travel to Ocoee Camp

Monday

- Horseback Riding
- Low Ropes at Ocoee Camp
- Mountain Biking
- Group Games / Orienteering Challenge

Tuesday

- Morning trip on the Nantahala - with Guide Training
- Afternoon trip on Nantahala – Scouts Guiding

Wednesday

- Boyd Gap Hike along Scenic Ocoee River
- Swim at Blue Hole
- SUP and Kayak Roll Demonstration
- Hike to ENO Village (overnight)
- Campfire

Thursday

- High Ropes/Swing by Choice
- Hike to Overlook
- Zipline and Rappelling
- Group Games
- Waterfront / Blob

Friday – Ocoee River

- Whitewater Rafting on the Middle Ocoee
- Travel back to Woodruff after lunch

Woodruff Xtreme

Equipment List

The Woodruff Xtreme program is for older Scouts / Venturers who want additional outdoor challenges, both physically and mentally. Participants will leave Woodruff Sunday evening and return Friday afternoon, staying at an outpost camp. You will be housed in cabins at an offsite outpost camp with restroom/shower facilities nearby. You will spend one night at a hammock area.

Activities to include swimming, rafting, kayaking, horseback riding, climbing, mountain biking, hiking – so bring clothing appropriate for these activities.

In addition to items you would normally bring for a week long summer camp the following are recommended:

- Sleeping bag
- Hiking boots
- Camp shoes
- Water shoes or sandals with heel strap (rafting)
- Non-cotton / synthetic shirt for the river
- Long pants (horses/climbing)
- Swimwear
- Sunscreen
- Personal toiletries
- Quality rain jacket
- Good water bottle
- Flashlight
- Personal first aid Kit
- Hammock (if you do not have a hammock, a sleeping pad for the ground)

Do NOT bring:

- Large knives
- Hatchets or axes
- Radios or other electronics
- Fireworks

